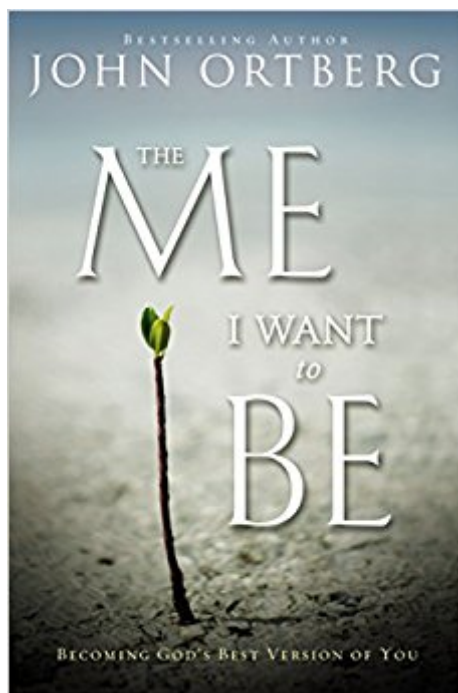


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# The Me I Want To Be: Becoming God's Best Version Of You



## Synopsis

The Me I Want to Be by John Ortberg "the bestselling author of When the Game Is Over, It All Goes Back in the Box; God Is Closer Than You Think; and The Life You<sup>TM</sup>ve Always Wanted" will help you discover spiritual vitality like never before as you learn to "live in the flow of the spirit." But if God has a perfect vision for your life, why does spiritual growth seem so difficult? John Ortberg has some intriguing answers to that question, and he has organized his thoughts and God's words into a straightforward and timely guide for living your best life in The Me I Want to Be. This book will show how God's perfect vision for you starts with a powerful promise. All those who trust in God "will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit" (Jeremiah 17:7-8). Ortberg urges you to recognize your brokenness, understand that God is the project manager, and follow His directions. The author first helps gauge your spiritual health and measure the gap between where you are now and where God intends you to be. Then he provides detailed tasks and exercises to help you live in the flow of the Spirit, circumventing real-world barriers "pain and sorrow, temptations, self-doubt, sin" to flourish even in a dark and broken world. As you start living in the flow, you will feel: " a deeper connection with God " a growing sense of joy " an honest recognition of your brokenness " less fear, more trust " a growing sense of being "rooted in love" " a deeper sense of purpose God invites you to join Him in crafting an abundant and joy-filled life. The Me I Want to Be shows you how to graciously accept His invitation.

## Book Information

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## Customer Reviews

The Me I Want to Be: Becoming God's Best Version of You provides a fine personal account of spiritual thought, surveying God's deas for personal growth and offering a survey of natural gifts and how God seeks r redemption and personal strengths alike. Any spiritual reader will find this packed with details on how to be an individual and spiritually enlighten, making The Me I Want To be a find addition to any spirituality collection. -- The Midwest Book Review (The Midwest Book Review )

--This text refers to an out of print or unavailable edition of this title.

The Me I Want to Be by John Ortberg---the bestselling author of When the Game Is Over, It All Goes Back in the Box; God Is Closer Than You Think; and The Life You've Always Wanted---will help you discover spiritual vitality like never before as you learn to 'live in the flow of the spirit.' But if God has a perfect vision for your life, why does spiritual growth seem so difficult? John Ortberg has some intriguing answers to that question, and he has organized his thoughts and God's words into a straightforward and timely guide for living your best life in The Me I Want to Be. This book will show how God's perfect vision for you starts with a powerful promise. All those who trust in God 'will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit' (Jeremiah 17:7-8). Ortberg urges you to recognize your brokenness, understand that God is the project manager, and follow His directions. The author first helps gauge your spiritual health and measure the gap between where you are now and where God intends you to be. Then he provides detailed tasks and exercises to help you live in the flow of the Spirit, circumventing real-world barriers---pain and sorrow, temptations, self-doubt, sin---to flourish even in a dark and broken world. As you start living in the flow, you will feel: --- a deeper connection with God --- a growing sense of joy --- an honest recognition of your brokenness --- less fear, more trust --- a growing sense of being 'rooted in love' --- a deeper sense of purpose God invites you to join Him in crafting an abundant and joy-filled life. The Me I Want to Be shows you how to graciously accept His invitation. --This text refers to an out of print or unavailable edition of this title.

Having read many books by Christian Pastors I was pleasantly surprised by this book. Pastor John Ortberg has authored a terrific book about becoming a better you, Gods best version. There are chapters on flowing with the spirit of God, renewing your mind and deepening relationships. This book seemed to flow from one topic to another making perfect sense. In particular his chapter on Surrender resonated with me where he states that there is a God and it is not you. You cannot

control everything or worry about it, you must Surrender it to God and you will be more free. On pg. 66 he states " I find that every moment I worry is a chance to practice letting go of the need to control outcomes." "The only way to glory is through humility, The only way to freedom is through submission. The only way to victory is through surrender."(p.69). This book is filled with words of wisdom such as these, it seems to be part psychology and part spirituality that can be applied to better your thoughts and life. I highly recommend this author and look forward to reading more from him.

This is an insightful book that makes you think about who you are, your motives, and what you're hiding from yourself. Some books are just shallow, surface level books that make you feel good, or seem like they're being written for a middle school audience, which, unless that's who they're actually directed toward, does not actually give the reader something to chew on. This book talks about issues that I'm sure all of us face, such as trying to fit a certain mold of "perfection", when really God made you who you are because He wanted you to be that way. He gave each of us specific gifts and talents to be used in a special way, and if we just suppress them because we fell like we need to be more introverted, more extroverted, more like this person or that person then we're missing the point. It talks about how "comparison kills spiritual growth", how "even you can't tell yourself how to change, because you didn't create you", and how God's "plan for shaping you will not look like his plan for shaping anyone else." It is a very good book, especially for those who struggle with guilt, perfectionism, trying to fit into a certain mold and constantly failing.

I wish I could say I never put this book down because it was so riveting... Don't get me wrong it was riveting, but it spoke so clearly to me about what I wasn't doing and what I knew I needed to do, that I was convicted to make changes that were not easy. It took time and soul searching. It took wandering and facing myself in the mirror of my life. It took prayer and the knowledge that only God could change me the way I needed to change. And it took coming to the understanding that this book is a challenge to all of us to become the greater part of ourselves that we know we were put here to become. It is a hard challenge but nothing valuable is ever truly appreciated until you know the hard work that goes into making it worthwhile. You will love this book if you persevere to the end and do what it challenges you to do. Thank you John Ortberg, thank you!

At one time in my life I believed that if I wanted to grow spiritually it meant praying for an hour each day. For a while I attempted this practice. Each morning I would arise with my outline and a watch.

For a while I was able to successfully pray through the outline for an hour. Some days were all right. Other days I didn't think the hour would ever end. Overall, I would say the practice was not helpful. It did not create more love, joy, or peace in my life. It did not open me up to God's spirit in my life. In the end, I was glad I could check it off my to-do list. Even though it looked good (Hey! I prayed an hour!), it was not forming me into the person God had created me to be. During that season of my life I needed a book like Ortberg's. If I would have been able to read *The Me I Want To Be*, I would have discovered that because of my personality, such a practice probably wasn't helpful for me. I had to discover that for myself, but it took much time, frustration, and guilt. One of the most important points this book makes is that what we find helpful for spiritual growth is connected to who we are. In other words, there isn't a one size fits all spirituality program. Some people will find praying through an outline for an hour something that causes the spirit to flow. I did not. What I have find helpful, others will not. Ortberg does a wonderful job of removing guilt from our formative practices. Just because we can't pray for an hour, or find other classic spiritual disciplines meaningful, does not mean we are bad Christians. It only means that certain practices are not aligned to our personalities. Once we can remove guilt and the practices that are not helpful, we are free to discover and engage in practices that allow the spirit of God to flow in our lives so we might flourish, or become who God has created us to be. I feel the title is unfortunate however. To me, the title seems more in line with a self-help book, which this book is not. This book assumes that the "me I want to be" is who God created me to be. Spiritual practices serve to create space in our lives where God's spirit can move, helping us to move closer to who we really are. I recommend this book even though I view it more of a "first step" toward something greater. I wish Ortberg would have been able to discuss more spiritual practices and how they line up with various personality temperaments. Hopefully, after you read this book, you will have a greater desire to find practices that open you to God's presence and love!

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